



## ENDOCRINOLOGY Health Questionnaire

Today's Date: \_\_\_\_\_

Please answer these questions to help us maintain accurate records and provide high quality care.  
All information will be kept confidential. Please discuss any question about these items with your doctor or clinical staff.

|                    |           |
|--------------------|-----------|
| Patient Name _____ | DOB _____ |
|--------------------|-----------|

**PROVIDERS OF CARE** (referring primary care and other providers)

|            |                  |            |              |
|------------|------------------|------------|--------------|
| Name _____ | Speciality _____ | Role _____ | Number _____ |
| Name _____ | Speciality _____ | Role _____ | Number _____ |
| Name _____ | Speciality _____ | Role _____ | Number _____ |

**PREFERRED PHARMACY**

|            |                |              |
|------------|----------------|--------------|
| Name _____ | Location _____ | Number _____ |
| Name _____ | Location _____ | Number _____ |

Reason for referral to our practice \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**MEDICATIONS**

Please list all your MEDICATIONS (prescriptions, over the counter, vitamins, herbal supplements) **OR** attach a list

|                  |               |                               |
|------------------|---------------|-------------------------------|
| <b>Drug Name</b> | <b>Dosage</b> | <b>Frequency/Instructions</b> |
|------------------|---------------|-------------------------------|

|       |       |       |
|-------|-------|-------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

**ALLERGIES**

If you have any allergies to medications, foods, or other substances? If yes, please list each and the reaction you've experienced.

|                    |                 |                    |                 |
|--------------------|-----------------|--------------------|-----------------|
| <b>Allergic to</b> | <b>Reaction</b> | <b>Allergic to</b> | <b>Reaction</b> |
|--------------------|-----------------|--------------------|-----------------|

|       |       |
|-------|-------|
| _____ | _____ |
| _____ | _____ |

**PAST MEDICAL HISTORY**

|                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                             |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> High Blood Pressure<br><input type="checkbox"/> High Cholesterol<br><input type="checkbox"/> Heartburn / Reflux Problems<br><input type="checkbox"/> Heart Attack / MI<br><input type="checkbox"/> Heart Failure / CHF<br><input type="checkbox"/> Depression<br><input type="checkbox"/> Anxiety<br><input type="checkbox"/> Cancer (Please list type below)<br>Cancer _____<br>Other _____ | <input type="checkbox"/> Arthritis / Joint Problems<br><input type="checkbox"/> Skin Disease<br><input type="checkbox"/> Asthma<br><input type="checkbox"/> Osteoporosis (Need Dentist Info Above)<br><input type="checkbox"/> Fractures<br><input type="checkbox"/> Autoimmune Disease<br><input type="checkbox"/> Allergies / Hay Fever<br><input type="checkbox"/> Prostate Problems | <input type="checkbox"/> Thyroid Disease<br><input type="checkbox"/> Kidney Disease<br><input type="checkbox"/> Kidney Stones<br><input type="checkbox"/> Blood or Bleeding Disorders<br><input type="checkbox"/> Hepatic / Liver Disease<br><input type="checkbox"/> Drug Problems<br><input type="checkbox"/> Alcohol Problems<br><input type="checkbox"/> Other (Please explain below) | <b>Diabetes Issues</b><br><input type="checkbox"/> Diabetes<br><input type="checkbox"/> Gestational Diabetes<br><input type="checkbox"/> Retinopathy<br><input type="checkbox"/> Neuropathy<br><input type="checkbox"/> Diabetic Nephropathy<br><input type="checkbox"/> Diabetic Ketoacidosis (DKA)<br><input type="checkbox"/> Foot Ulcer |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

**SURGICAL HISTORY**

|                  |                  |
|------------------|------------------|
| <b>Operation</b> | <b>Operation</b> |
| <b>Date</b>      | <b>Date</b>      |
| _____            | _____            |
| _____            | _____            |
| _____            | _____            |
| _____            | _____            |



## ENDOCRINOLOGY Health Questionnaire

Today's Date: \_\_\_\_\_

Patient Name \_\_\_\_\_

DOB \_\_\_\_\_

### FAMILY HISTORY

Has anyone in your IMMEDIATE family had any of the following illnesses?

| Diagnosis                     | Family Member                                            | Diagnosis                               | Family Member |
|-------------------------------|----------------------------------------------------------|-----------------------------------------|---------------|
| Diabetes                      | _____                                                    | Heart Attack / MI                       | _____         |
| Thyroid Disease               | _____                                                    | Stroke of Mini-Stroke / TIA             | _____         |
| Thyroid Cancer                | _____                                                    | Kidney Disease                          | _____         |
| Cancer (list type)            | _____                                                    | Bleeding Disorder                       | _____         |
| High Blood Pressure           | _____                                                    | Genetic Disorder                        | _____         |
| High Cholesterol              | _____                                                    | Asthma                                  | _____         |
| Osteoporosis / Thinning Bones | _____                                                    | Other (list type)                       | _____         |
| Hip Fracture                  | _____                                                    | Other (list type)                       | _____         |
| Is your mother alive?         | <input type="checkbox"/> Yes <input type="checkbox"/> No | If not, age at death and cause of death | _____         |
| Is your father alive?         | <input type="checkbox"/> Yes <input type="checkbox"/> No | If not, age at death and cause of death | _____         |

### SOCIAL HISTORY

Use tobacco? ☐ Current ☐ Former ☐ Never

If yes, Type: ☐ Cigarettes ☐ Cigars ☐ Pipes Usage/day? Cigarettes/Packs \_\_\_\_\_ Cigars \_\_\_\_\_ Total Years Used? \_\_\_\_\_

Ever tried to quit? ☐ Yes ☐ No Year Quit? \_\_\_\_\_ Longest tobacco free \_\_\_\_\_

Relapse reason \_\_\_\_\_ Are you interested in smoking cessation counseling? ☐ Yes ☐ No

Do you drink alcohol? ☐ Yes ☐ No If yes, what do you drink? ☐ Beer ☐ Wine ☐ Hard liquor How much/week? \_\_\_\_\_ glasses \_\_\_\_\_ bottles \_\_\_\_\_ shots

Do you drink caffeine? ☐ Yes ☐ No If yes, what type / cups per day? ☐ coffee \_\_\_\_\_ ☐ tea \_\_\_\_\_ ☐ soda \_\_\_\_\_

Do you exercise? ☐ Yes ☐ No If yes, what type? \_\_\_\_\_ Days/week \_\_\_\_\_

Have you ever used illegal drugs? ☐ Yes ☐ No If yes, what type? \_\_\_\_\_

### IMMUNIZATIONS

Have you had any of these IMMUNIZATIONS?

|                     |                                                                      |             |                                                                      |
|---------------------|----------------------------------------------------------------------|-------------|----------------------------------------------------------------------|
| Influenza/Flu       | <input type="checkbox"/> No <input type="checkbox"/> Yes, Date _____ | Hepatitis B | <input type="checkbox"/> No <input type="checkbox"/> Yes, Date _____ |
| Pneumonia/Pneumovax | <input type="checkbox"/> No <input type="checkbox"/> Yes, Date _____ |             |                                                                      |

### HEALTH MAINTENANCE

When was your LAST (Please give approximate date)

Nutrition Education \_\_\_\_\_ Smoking Cessation Counseling \_\_\_\_\_

### WOMEN'S HEALTH

Do you get a menstrual period? ☐ Yes ☐ No If yes, when was your last menstrual period? \_\_\_\_\_

Is it: Regular or Irregular ? (circle one)

Are you menopausal? ☐ Yes ☐ No

Do you have osteoporosis? ☐ Yes ☐ No ☐ Maybe If yes or maybe, please complete the following:

Dentist Name \_\_\_\_\_ Phone \_\_\_\_\_

Last Bone (DEXA) Scan: Date \_\_\_\_\_

Performed Where? \_\_\_\_\_

PLEASE COMPLETE PAGE 3 IF YOU HAVE DIABETES



## Comprehensive Health Questionnaire

### DIABETES PATIENTS ONLY

This form is only for patients being seen for diabetes.

Today's Date: \_\_\_\_\_

Patient Name \_\_\_\_\_

DOB \_\_\_\_\_

How old were you when you were diagnosed with diabetes? \_\_\_\_\_

What symptoms did you have when you were diagnosed? \_\_\_\_\_

Have you ever been hospitalized for diabetes? When & why? \_\_\_\_\_

How many times a day do you check your sugars? \_\_\_\_\_ **FULL NAME** of your glucose meter? \_\_\_\_\_

During the last month, what have your sugars generally been?

|                  |        |         |       |
|------------------|--------|---------|-------|
| Before breakfast | Lowest | Highest | Usual |
| Before lunch     | Lowest | Highest | Usual |
| Before dinner    | Lowest | Highest | Usual |
| Bedtime          | Lowest | Highest | Usual |

How many times in a month do you have blood sugars under 70? \_\_\_\_\_

What symptoms do you have when your sugar is low? \_\_\_\_\_

List your general mealtimes, including snacks \_\_\_\_\_

Aside from the medication you are taking now have you taken any other diabetes medication?

---

---

### HEALTH MAINTENANCE

When was your LAST (Please give approximate date)

Diabetes Education \_\_\_\_\_

Ophthalmology Consult \_\_\_\_\_

Dental Consult \_\_\_\_\_

Podiatry Consult \_\_\_\_\_