

Today's Date:

NEW PATIENT ADULT COMPREHENSIVE HEALTH ASSESSMENT - LARGE PRINT

Please answer these questions to help us maintain accurate records and provide high quality care. All information will be kept confidential. Please discuss any questions about these items with your doctor or clinical staff.

Patient Name:

DOB:

Do you have a living will, advance directive or DNR? ☐ Yes ☐ No

Do you have any special hearing needs? ☐ Yes ☐ No Do you have vision impairment? ☐ Yes ☐ No

Preferred Pharmacy

Name:

Location:

Number:

Medications

Please list all your MEDICATIONS (prescriptions, over the counter, vitamins, herbal supplements). Include the dose and frequency for each.

Drug Name

Dosage

Drug Name

Dosage

Allergies

Do you have any allergies to medications, foods, or other substances? If yes, please list each and the reaction you've experienced.

Allergic to

Reaction

Allergic to

Reaction

Chronic Conditions / Past Medical History

☐ High Blood Pressure

☐ Pneumonia

☐ Urinary Tract Infection / UTI

☐ Hemorrhoids

☐ High Cholesterol

☐ COPD/ Emphysema/ Bronchitis

☐ Kidney Disease

☐ Gastrointestinal Ulcers

☐ Diabetes

☐ Asthma

☐ Kidney Stones

☐ Diverticulitis or Diverticulosis

☐ Heart Attack / MI

☐ Tuberculosis / TB

☐ Thyroid Disease

☐ Heartburn / Reflux Problems

☐ Heart Failure / CHF

☐ Sexually Transmitted Infection

☐ Allergies / Hay Fever

☐ Arthritis / Joint Problems

☐ Depression

☐ Other Sexual Problems

☐ Blood or Bleeding Disorders

☐ Skin Disease

☐ Anxiety

☐ Abnormal Pap Smear

☐ Anemia

☐ Drug Problems

☐ Cancer (Please list type below)

☐ Prostate Problems

☐ Hepatic / Liver Disease

☐ Alcohol Problems

☐ Other (Please explain below)

Cancer:

Other:

Surgical History

Please list all OPERATIONS you have had and give the approximate DATE of each:

Operation

Date

Operation

Date

☐ Appendectomy

☐ Joint surgery

☐ Cholecystectomy (gallbladder out)

☐ Hysterectomy

☐ Heart surgery

Hospitalizations

Please list the diagnosis/reason for all HOSPITALIZATIONS you have had and give the approximate DATE of each:

Diagnosis/Reason

Date

Diagnosis/Reason

Date

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Diagnostic Studies (for example: stress tests, echocardiograms, CAT scans, MRIs)

Please list all DIAGNOSTIC STUDIES you have had and give the approximate DATE of each:

Study	Date	Study	Date
☐ Heart Stress Test			
☐ Echocardiogram			
☐ Heart Catheterization			

Family History

Has anyone in your IMMEDIATE family had any of the following illnesses?

Illness	Family Member / Age Diagnosed	Illness	Family Member / Age Diagnosed
Cancer (list type)		Suicide / Suicide Attempt	
High Blood Pressure		Asthma	
High Cholesterol		Osteoporosis / Thinning Bones	
Diabetes		Glaucoma	
Heart Attack / MI		Kidney Disease	
Stroke or Mini-Stroke / TIA		Bleeding Disorder	
Depression / Bipolar		Genetic Disorder	
Drug/Alcohol Problems		Other (list type)	

Is your mother alive? ☐ Yes ☐ No If not, age at death and cause of death:

Is your father alive? ☐ Yes ☐ No If not, age at death and cause of death:

Social / Occupational History

Present Occupation? _____

Previous Occupation? _____

Have you ever worked with chemicals, paints, asbestos, or other hazardous materials? If so, which ones?

Have you ever been exposed to any environmental hazards such as radiation, toxic waste, or lead paint? If so, which ones?

Lifestyle / Safety

Do you use tobacco products? ☐ Yes ☐ No If yes, what kind? _____ How much? _____
 Do you drink alcohol? ☐ Yes ☐ No If yes, what kind? _____ How much per week? ____
 Do you drink caffeine? ☐ Yes ☐ No If yes, what type / how much? ☐ coffee ____ ☐ tea ____ ☐ soda ____
 Do you exercise? ☐ Yes ☐ No If yes, what type / how much? ☐ cardio ☐ weights ☐ swim

Do you follow a particular diet? ☐ Yes ☐ No ☐ low fat ☐ low salt ☐ low carbohydrate
☐ vegetarian ☐ vegan ☐ gluten-free

Do you have smoke detectors? ☐ Yes ☐ No
 Do you have a gun in your house? ☐ Yes ☐ No If yes, is it under lock and key? _____
 Do you wear a seatbelt? ☐ Yes ☐ No

Have you travelled outside the U.S.? ☐ Yes ☐ No If yes, where? _____

Answering the following questions will help us provide the best possible care. Your answers will be confidential.

Do you use drugs? (Cocaine, marijuana, opiates, etc.) ☐ Yes ☐ No If yes, what type? _____
 Have you been sexually active? ☐ Yes ☐ No If yes, with ☐ men ☐ women ☐ both
 How many sexual partners have you had? currently _____ lifetime _____
 Do you practice safe sex? ☐ Yes ☐ No If yes, what method of protection do you use? _____
 Do you use condoms? ☐ Yes ☐ No If yes, how often do you use them? ☐ Always ☐ Sometimes
 Do you use other contraception? ☐ Yes ☐ No If yes, what? ☐ birth control pills ☐ IUD ☐ sponge
☐ diaphragm ☐ rhythm method

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Health Maintenance

When was your LAST (Please give approximate date):

Pap Smear _____
Breast Exam _____
Mammogram _____
DEXA Scan _____

Prostate Exam / PSA _____
Stool Check for Blood _____
Colonoscopy Exam _____
Cholesterol Check _____
Complete Physical _____

Immunizations

Have you had any of these IMMUNIZATIONS?

Influenza/Flu ☐ No ☐ Yes, Date: _____
Tetanus/Td alone ☐ No ☐ Yes, Date: _____
Tetanus with Pertussis/Tdap ☐ No ☐ Yes, Date: _____
Pneumonia/Pneumovax ☐ No ☐ Yes, Date: _____

Hepatitis B ☐ No ☐ Yes, Date: _____
HPV/Cervical Cancer ☐ No ☐ Yes, Date: _____
Zoster/Shingles ☐ No ☐ Yes, Date: _____
Meningococcal ☐ No ☐ Yes, Date: _____

Patient Health Questionnaire (PHQ-2): Please circle your response.

Over the past 2 weeks, how often have you been bothered by any of the following problems?

	<u>Not at All</u>	<u>Several Days</u>	<u>More Than Half the Days</u>	<u>Nearly Every Day</u>
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed or hopeless	0	1	2	3